Newsletter 8, Term 1 19 March 2025



#### Flying Fruit Fly Circus School

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## **SCHOOL NEWS**

## School Information Evening: IT IS ON THIS AFTERNOON

Wednesday 19th March

4:30 pm until 6:30 pm at the school

5:00 pm – We will make a presentation to the whole group; staff will then talk through their teaching programs.

Parents will be able to meet and chat with staff after the presentation.

# AS ALWAYS, IF YOU CANNOT MAKE THIS SESSION, PLEASE CONTACT US TO MAKE A TIME THAT WORKS FOR YOU. OUR DOOR IS ALWAYS OPEN.

#### Week 8

As we draw towards the end of term one, our classrooms are very busy as our students engage in meaningful learning experiences. Teachers are working hard to inspire and challenge our students, and it's paying off with good results. Whether it's excelling in maths and science, writing great texts, or exploring new ideas, our students are demonstrating their appetite for learning every day.

In addition, we are excited about upcoming events, including our open evening, the school athletics carnival and our next whole school excursion to Altina Wildlife Park in May. These activities bring our school together, furthering a sense of unity and celebration.

#### Mobile phones and why we collect them

I have been reading the data about mobile phone usage and adolescence. Social psychologist Jonathan Haidt argues in his book, "The Anxious Generation," that the widespread use of smartphones and social media is negatively impacting the mental health of young people, advocating for a "phone-free childhood" with specific recommendations such as delaying smartphone access until high school and no social media before the age of 16. I know this has been talked about in the media in recent months. I have found his research very interesting reading. There are also many YouTube clips of Haidt being interviewed that are worth watching.

#### **Student Enrolment Information Forms**

Your students are bringing home their enrolment details today – can you please check that all information is up to date and return to the school office? Thank you

#### **Upcoming Events:**

- 21 March this Friday cutoff date for jumper orders.
- 1 April Athletics carnival whole school
- 4 April Last term 1 students dismissed at 2:30pm
- 23 April First day of term 2 for students (Tuesday 22 April is a Pupil Free Day)
- 23 April SRC Easter Raffle drawn
- 25 April ANZAC Day public holiday
- 2 May Whole school excursion to Altina Wildlife Park

#### Student of the week:

We have 2 students this week! Congratulations to Raz and Massi. The consensus is that these students are just being great! At everything! So well done to you both – attitude, effort, manners, participation – all great attributes.

#### SCHOOL JUMPERS (REPEAT FROM LAST WEEK)

We are taking orders for jumpers! They are \$50 each but the cost is going to be covered by the School Saving Bonus!

Orders to be placed via email to <a href="mailto:admin@fruitflyschool.vic.edu.au">admin@fruitflyschool.vic.edu.au</a> - remember to include quantity and size.

#### Cut-off date for orders is THIS FRIDAY 21st MARCH.

Hopefully this cut-off date will facilitate early term 2 delivery.

As with last year, late orders cannot be accepted as that holds up the order for everyone.

Sizes can be checked at Finer Embroidery who have samples or be guided by your student's current jumpers.

#### **SRC NEWS:**

Our Easter Raffle has been approved by WMYC School Council. Tickets will be sent home with students this week. SRC are now asking for donations of Easter themed items to make up raffle prizes. A decision has been made to draw the raffle after Easter due to the short timeline till the end of term, and Easter falling at the end of the holidays. For the lucky winners it will mean more Easter treats after the Easter bunny's gifts have been eaten!





Tickets: \$2.00 each or 3 for \$5.00

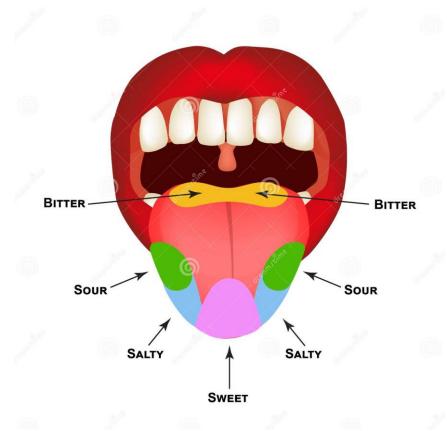
## **FFFCS Easter Raffle**

Drawn 23 April 2025 @ School

Numerous prizes to be won.

Proceeds to SRC Fundraising

#### **Tasting and Mindfulness**



As part of the **Mental Health in Primary Schools Program**, mindfulness activities are taught in the 3,4,5 classroom.

The students have participated in mindful walking, mindful brain breaks, mindful breathing and mindful body scans. This week students have participated in mindful tasting.

The Essential Question is, 'How can I explore my sense of taste in a mindful way?'

The learning intention is to slow down, identify and differentiate tastes on the tongue and palate. Every taste sensation can come from certain regions on the tongue and palate.

Students participated in a tasting tray and had to identify where the tastes are in the mouth and record on the tongue sheet. They then discussed sensations, memories, flavour profile and how they recorded their experiences.

The first activity involved three jars of a flavoured water. Salt, sweet and umami. Each student received a cotton bud dipped in the flavour.

Activity two involved students receiving small pieces of a jelly lolly. - spearmint, orange, raspberry, banana and blackcurrant. Students explored sensation, taste and memories that are evoked. Students were encouraged to sit in a mindful, quiet reflective state to complete the activity.

Activity three involved each student tasting a small sliver of lemon. Students reported that they could taste sweet, sour and bitter.

#### More from the Primary Classroom

In 345 Primary we have been learning to write recounts. A recount is the retelling or recounting of an event or experience. Often based on the direct experience of the writer, the purpose is to tell what happened.

#### Here is an excellent recount from Razi:

"My trip to Yass with all my family and friends was going to be epic. Yass is a place for anyone who plays football, and it took us four hours to get there. Leaving home, we left someone in charge, Tiana (a friend), so we left happily.

For four hours we hung out in our bus, eating and drinking lots of water. Before we got there everyone needed a break, so we had a stop at McDonalds, and played hide and seek. Leaving McDonalds I felt stuffed. When we got to Yass, we hugged all my cousins and aunties and uncles and set up camp. The five days there were incredible. The first day we played basketball all day because we didn't have anything else to do. On the second day I watched my family play a lot of games which was exhausting. Then on the third day we went swimming. On the last two days we had a midnight feast and went to watch one more game. We went home tired."

#### **GPA** levels information:





### **Grade Point Average Descriptors**

	4 Exceeding	3 Expected	2 Approaching	1 Partial	0 Not Evident
Aspiration Set goals Aim high Work hard	I can independently set learning goals and seek additional learning tasks to complete during class time and in my own time.	I can set learning goals and complete all learning and homework tasks by using my time productively.	I can set learning goals and complete most learning tasks required during class time.	I can set learning goals with my teacher and complete some of the learning tasks required in class time.	Even with help, I do not set learning goals or complete any of the learning tasks required.
Resilience Connect Communicate Persist	I can independently seek, read and reflect on the feedback my teacher gives me and make the necessary adjustments to improve my learning.	I can read, listen to, and reflect on the feedback my teacher gives me and use these strategies to im- prove my learning.	I can read, listen to, and reflect on the feedback my teacher provides me.	I can read and listen to my feedback with my teacher.	Even with help, I do not access feedback to improve my learning.
Respect Yourself Others Your Environment	I can model organisation and readiness to learn by bringing my required ma- terials to class and consis- tently show a high level of respect to myself, others and my environment.	I can demonstrate I am organised and ready to learn by bringing my required materials to class, following instructions and contributing to a positive learning environment.	I can demonstrate, with the support of my teach- er, a level of organisation where I bring the required materials to class, follow most instructions, and am working towards contrib- uting to a positive learning environment.	I can work towards being organised and ready to learn and am beginning to show the ability to follow instructions and contribute to a positive learning environment.	Even with help, I do not show a willingness to be organised, ready to learn or follow instructions.

#### **End of Year Awards explained:**

**FFFCS MATHS/SCIENCE AWARD.** This award is presented to students have demonstrated consistent hard work and achieved outstanding results.

#### Altina Excursion (week 2 of term 2):

We have another whole school excursion planned for 2 May 2025 (week 2 of term 2). This excursion is now on your student portal for permission to be granted.

We will be heading to Altina Wildlife Park in Darlington Point. The cost of this is \$85 and again will be covered by the School Saving Bonus – Jan is waiting for your email to say you wish to use it for this excursion - jwhite@wmyc.vic.edu.au (make sure you have allocated funds to activities).

Altina Wildlife Park is a zoo situated in Darlington Point, New South Wales. The zoo specialises in the conservation of endangered species and features a diverse range of Australian native and exotic animals. It operates horse-drawn cart tours.

This promises to be another great day out for all of our students and staff.

#### **School Fees:**

2025 school fees have now been loaded on to your students' portals.

#### CONTACT FOR FFFCS TEACHERS

You are encouraged to contact your child's teachers directly via email using the following addresses:

Greg Glasson (3, 4 and 5)

Susanne Mackey (Mental Health in Primary Schools)

Shelley Kay (6/7 and 8/9 English and 6/7 and 8/9 Humanities)

Will Pleydon (Art)

Helen Vardy (6/7 and 8/9 Maths and Science)

Admin / Mel / Jan

gglasson@wmyc.vic.edu.au smackey@wmyc.vic.edu.au skay@wmyc.vic.edu.au wpleydon@wmyc.vic.edu.au hvardy@wmyc.vic.edu.au

admin@fruitflyschool.vic.edu.au

#### **APPRECIATION POST:**

A huge thank you goes out to our dedicated teachers, staff, and parents who continuously support our students. Their efforts ensure that school remains a positive and inspiring place to learn and grow.

Melanie McClure | School Co-ordinator

Flying Fruit Fly Circus School

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Hedgerow Court, Wodonga, Vic, 3690

# FROM THE CIRCUS



#### **WODONGA SHOW WRAP UP**



Thanks to all the families that came out to watch our shows and to spend time at the Wodonga Show. It was a great day out!



#### **CULTURE IN THE SQUARE POSTPONED**

Due to weather concerns, Culture in the Square event at the QEII Square has been postponed from this Friday with a new date to be announced.

#### **UP COMING PERFORMANCE FOR ROTARY**

Fruities will perform at the opening of the <u>Rotary District 9790 Conference</u> on Friday 11 April. The Rotary do fantastic work in our local community and abroad and we're delighted to show attendees a little insight into what makes Albury-Wodonga so special.

#### **GUEST ARTISTS**

This week is Ken Fanning's final week of fun and creativity with our students. Thank you Ken, for bringing your unique perspective and skills to share with us!

We are also coming to the end of <u>Masha Terentieva</u>'s training sessions with next week's full focus on her Creative Lab sessions. Her final day with us will end with a showing on Friday 28 March – the time will be confirmed next week.

In Term 2 with have more incredible artists coming to visit, sharing their skills and expertise with our students and making the most of our world class facilities:

First up is <u>Casus</u> who will be working on a number of projects throughout this year including a work in development, and then with a student ensemble on one of their own previous works.

Kirk Page's Under Construction residency will kick off in April and then Kirk will stay on as a Creative Lab artist working with our students.

And <u>Jake Silvestro</u> is back in May with an Under Construction residency for 2 weeks followed by getting back on the floor as a trainer through May & June.

#### **REMINDER**

This Friday 21 March is Albury Gold Cup and the afternoon is a Public Holiday in Albury. Circus HQ will be closed from 12pm.

#### IMPORTANT CIRCUS CONTACTS

Circus HQ Donna Baldwin Bec Neill Ben Lewis Tahni Froudist 02 6043 0777 dbaldwin@fruitflycircus.com.au rneill@fruitflycircus.com.au blewis@fruitflycircus.com.au tfroudist@fruitflycircus.com.au Please remember to email <u>both</u> school and circus if your child is not going to be attending school and training:

**SCHOOL -** admin@fruitflyschool.vic.edu.au CIRCUS - dbaldwin@fruitflycircus.com.au

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