

SCHOOL NEWS

Welcome to week 9

As we enter Week 9 of Term 2, we find ourselves on the home stretch of the semester! While the excitement of the approaching holiday is palpable, many of us are also feeling the impact of seasonal viruses and the general fatigue that can accompany the end of the term.

Remember to stay hydrated: we often drink less water in colder weather. Also ensure that we all get enough sleep each night. A well-rested body is more resilient against illness.

Take Breaks: Short, regular breaks can help refresh our minds and improve productivity. Susanne reminds us to incorporate mindfulness practices as often as possible. Techniques such as meditation, stretching, colouring in, deep breathing, etc.

Let's finish the last two weeks fit and healthy and head into the end of term break ready for some well-earned down-time.

From the 6/7 classroom:

The students created individual terrariums. Over a period of approximately 3 weeks the students have observed the growth of seeds and the changing stages of water cycles.



From the primary classroom:

In Primary 345 we have been learning about Procedural writing. A procedure is a sequence of numbered steps for accomplishing a task. Check out Razi's procedure for "How to Floss" and try this at home!

How To Do The Floss

Equipment: space to move

1. Stand up with your arms straight next to your waist. And stand with your legs hip width apart.
2. Next put one of your arms facing straight down in the middle close to your stomach and put your other arm behind your back straight down.
3. Swing your arms sideways along with your hands. Swing the same way enthusiastically straight.
4. Now begin to switch one hand to the front and the other hand to the back. And still swing your arms, but first swing both of your hands in front once to switch.
5. Next do this repeatedly switching the way your hand started each time your arms swing.
6. Stay standing straight and face forward while still swinging.
7. Make your hips swing the opposite way to your arms and hands.
8. Check on YouTube on how to do the floss and watch the backpack kid to see if you did it right.

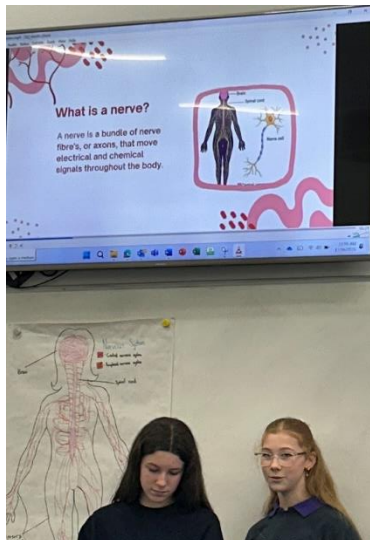


Upcoming Events:

- 4 July – Last day term 2 – 2:30pm dismissal
- 21 July – First day term 3
- 5 August – year 3 – 6 swimming lessons commence

From the 8/9 classroom:

This week the students started their presentations on body systems. They started by introducing themselves, then the body system they had studied and concluded with giving 3 facts about their system:



Isla and Tempy presented the nervous system.

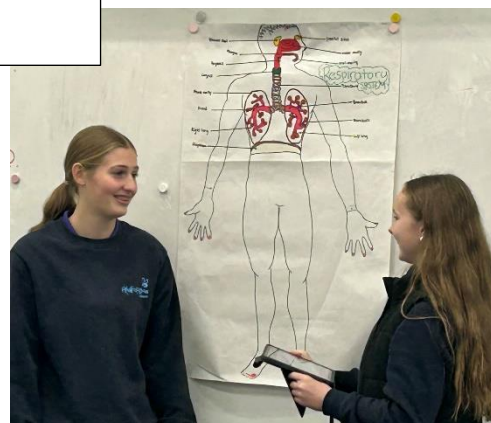
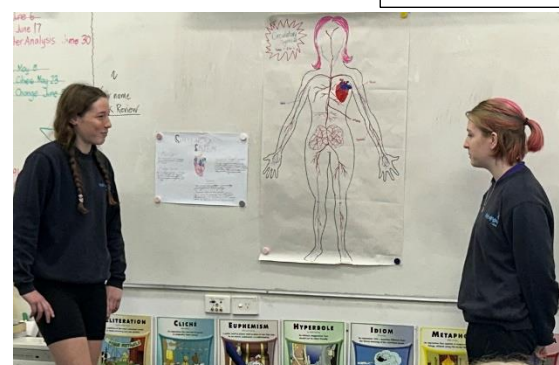
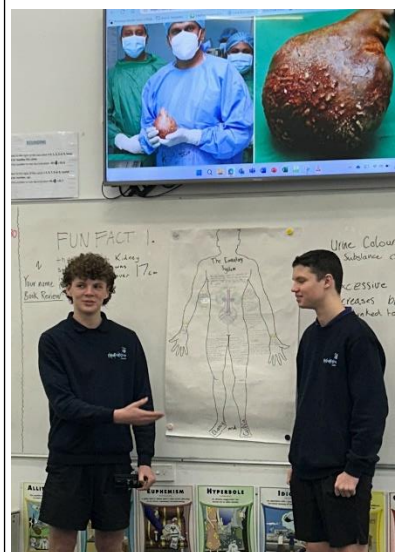
Fun facts:

1. There are about 7 trillion nerves in the body
2. The Central Nervous System is made up of the brain and spinal cord (the body's control centre)
3. Neurons are nerve cells

Clancy and Griffin presented the excretory system.

Fun Facts:

1. Urine colour comes from a substance called urochrome
2. The largest kidney stone recorded was 17cm in diameter and weighed 1 kg.
3. Excessive caffeine intake increases blood flow and has been linked to kidney stones.



Amber and Erin presented the circulatory system.

Fun Facts:

1. The human heart pumps approximately 7,570 litres of blood daily
2. Adults have billions of blood vessels that if laid out end to end would measure about 96,560.64 km.
3. The human heart is more in the centre of the body, not on the left hand side.

Jemima and Frankie presented the respiratory system.

Fun Facts:

1. The lungs are the only body organ that can float on water
2. The diaphragm is the muscle below the lungs and does 80% of the work in breathing
3. Humans breathe about 22,000 times in 24 hours

Melanie

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Student of the Week:

Congratulations to Isla. Isla's teachers describe her as the quiet achiever. She is always co-operative and on task and is becoming more confident in her schoolwork every day.

FROM THE CIRCUS



BIG NEWS FOR THE FRUITIES!



We are thrilled to share news of a major milestone in the journey of Flying Fruit Fly Circus. After a highly competitive public tender process led by the Victorian Government, we are proud to announce that Flying Fruit Fly Circus has been awarded the head tenancy of the historic 50 Perry Street in Melbourne - originally built by Circus Oz in collaboration with State Government, and opened in 2014.

This marks a bold leap forward for our company. With the addition of two purpose-built studios and versatile multi-purpose rooms, Flying Fruit Fly Circus becomes Australia's largest operator of professional circus facilities. This is not just a win for us, it's a win for circus and physical theatre, securing this important building for our sector into the future.

We are reimagining this extraordinary building as **Circus Centre Melbourne**, a vibrant cultural landmark that will support and energise the circus and physical theatre community in Victoria. Located next to the Collingwood Yards arts precinct, the Centre will be an accessible hub for experimentation, collaboration, and industry development. For our young artists, it will offer exciting new graduate pathways and student experiences.

Our aim is for the best new circus and physical theatre work to be imagined and made in Melbourne and Albury under the Flying Fruit Fly Circus banner.

This is an expansion, not a relocation. Our full-time school and public classes in Albury-Wodonga will continue unchanged. The spirit of the Fruities remains rooted in regional Australia.

We anticipate opening the doors of Circus Centre Melbourne this October, and we cannot wait to welcome artists, partners, and the community into this next chapter of our story.

[MORE INFO HERE](#)

TERM 2 CABARET – WEDNESDAY DRESS REHEARSAL ADDED

Thursday night is booked out but there are a handful of tickets remaining for the Friday night performance of the Cabaret. We have also opened up tickets for the dress rehearsal (no Night Flies) on Wednesday 26 June at 7.30pm.

[\\$10 tickets available here](#)



SPHERICAL SCHOOL SHOWS

The Spherical cast is counting down to our schools' tour starting this week with previews at Albury North Public School on Friday. The final dress rehearsal is Thursday at 5.30pm. Parents of the cast and Development are invited to attend.

Over the next week the show will perform to students from Albury North Public, Barnawartha Primary, Springhurst Primary, Middle Indigo Primary, Chiltern Primary, Carragamungee Primary, Everton Primary, Holbrook Public, Tawonga Primary, Mount Beauty Primary, Bethanga Primary, Bright P-12 College, and Myrtleford P-12 College. In Term 3 Week 2 they will travel to Wilcannia and perform for the schools in that region and take part in workshops with local kids.

A huge chookas to Clancy, Ethan, Griffin, Lily, Macy, Meg, Ruby, Rylan and Tia!

FOFF SAUSAGE SIZZLE: FRIDAY 27 JUNE FROM 6PM

Please read the email from Donna regarding the gold coin sausage sizzle on Friday 27 June. Families with surnames starting with A – M, please bring a salad to share. Those with surnames starting with N – Z please bring a dessert.

If you're able to help out, please contact Adam Castagna to let him know!

NTP SOUP – MONDAY 7 & 14 JULY

As a way of welcoming our guests to the Fruities during NTP, each Monday we provide a soup lunch. If you are able to provide a soup, please let Donna know for which week and what soup you can provide. If you're able to provide help on the day, please also let us know!

It's a wonderful tradition and there's always lots of delicious soup! Please check for an email from Donna with more information.

PARENT SURVEY – PLEASE COMPLETE!

Thank you to those who have already completed our Parent Survey. Responses go directly to consultant Kirsty Ritchie, and she has received 15 so far. It would be fantastic to get feedback from at least half of our parent body, so if you haven't already completed the survey please do so:

[Parent & Carer Survey](#)

The parent focus group will be held on Thursday 26 June at 6pm. If you would like to express your interest in being involved, please email Donna.

NICA - PROTEUS

The National Institute of Circus Arts (NICA) invites you to attend our third-year ensemble production and is delighted to offer staff and students **20% off tickets** to any show within the season, excluding opening night. To book tickets, please visit TryBooking [here](#) and enter the code '**FUTURE20**' at checkout.

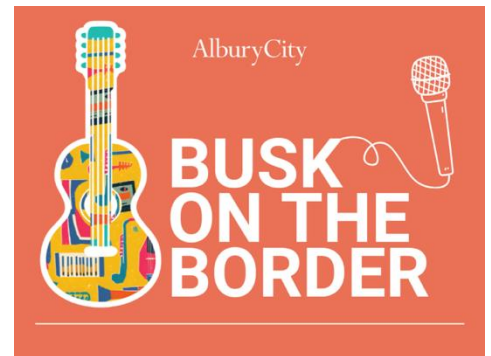


BUSK ON THE BORDER – SAT 28 JUNE

Calling performers & musos!

Set against the backdrop of Albury's iconic Dean Street and QEII Square, Busk on the Border will feature a curated schedule of **30-minute performances from local musicians, entertainers, and street performers**. Artists will perform both on the **main stage at QEII Square** and at **designated locations throughout the CBD**, creating an immersive cultural experience that highlights the creativity of our region.

[APPLY HERE](#)



WELCOME BACK BEK!

We are very happy to let you know that Bek Gibbs will be starting her return-to-work next week! Please help us welcome her back, as she phases back into work and gets used to leaving baby Wren with her very excited grandma. Bek will be working part-time for the rest of the year, so hopefully there will be plenty of time for baby cuddles ☺

Just a reminder that we will have a Bek, Beck and Bec in the building. At least they all spell it slightly differently!

Bek Gibbs – Associate Producer – bgibbs@fruitflycircus.com.au

Beck Palmer – Associate Producer – bpalmer@fruitflycircus.com.au

Bec Neill – Head of Training – bneill@fruitflycircus.com.au

IMPORTANT CIRCUS CONTACTS

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Tahni Froud	tfroud@fruitflycircus.com.au

Please remember to email **both** school and circus if your child is not going to be attending school and training:

SCHOOL - admin@fruitflyschool.vic.edu.au
CIRCUS - dbaldwin@fruitflycircus.com.au